

Bath County Public Schools **APRIL 2023 Breakfast & Lunch Menu**

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
APRIL 3	APRIL 4	APRIL 5	APRIL 6	APRIL 7
Sausage Gravy & Biscuit Fruit Juice	Breakfast Bar w/ Cereal Fruit Juice	Sausage Breakfast Pizza Fruit Juice	MANAGER'S CHOICE Fruit Juice	Bacon/Cheese Biscuit Fruit Juice
Hot Dog on Bun French Fries Navy Beans Fruit	Chicken Nuggets Baked Sweet Potato Broccoli Roll Fruit	Fish Macaroni & Cheese Cole Slaw, Biscuit, Fruit	Spaghetti w/ Meat Sauce Breadstick Green Beans Romaine Salad Fruit	Pepperoni Pizza Sweet Red Pepper Cup Corn Fruit ***** EARLY RELEASE 12:30 PM
APRIL 10	APRIL 11	APRIL 12	APRIL 13	APRIL 14
APRIL 10-14, 2023 SPRING BREAK – SCHOOLS CLOSED				
APRIL 17	APRIL 18	APRIL 19	APRIL 20	APRIL 21
French Toast Fruit Juice	Yogurt Cup w/ Cereal Fruit Juice	Sausage Breakfast Pizza Fruit Juice	Bagel w/ Cream Cheese Fruit Juice	Sausage Biscuit Fruit Juice
Chicken Patti on Bun Baked Beans Sweet Potato Fries Fruit	MANAGER'S CHOICE Fruit	Asian Chicken Rice Pilaf, Broccoli, Fruit	Salisbury Steak w/ Gravy Mashed Potatoes Peas, Roll, Fruit	Cheesy Bites Marinara Sauce Corn Fresh Baby Carrots Fruit
APRIL 24	APRIL 25	APRIL 26	APRIL 27	APRIL 28
Sausage Gravy Biscuit Fruit Juice	MANAGER'S CHOICE Fruit Juice	Sausage Breakfast Pizza Fruit Juice	Pancake on Stick Fruit Juice	Egg/Cheese Biscuit Fruit Juice
Corn Dog Baked Potato Fresh Baby Carrots Fruit	Oven Roasted Chicken Scalloped Potatoes Green Beans, Roll Fruit	Cheeseburger on Bun French Fries Sweet Red Pepper Cup Fruit	Taco Salad w/ Salsa (l/t/cheese) Tostito Scoops Black Bean Salad Smart Cookies, Fruit	Cheese Pizza R/O Veggie Cup Romaine Salad Fruit

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THIS INSTITUTION IS AN EQUAL OPPORTUNITY
PROVIDER AND EMPLOYER.



FREE MEALS FOR ENROLLED STUDENTS

Bath County Public Schools is announcing its policy for providing free meals to all children served under the National School Lunch and School Breakfast Programs. Each school and/or central school nutrition office has a copy of the policy, which may be reviewed by any interested party.

All schools in the division will be participating in the Community Eligibility Provision (CEP) as implemented under the Health, Hunger-Free Kids Act of 2010. Enrolled students will be provided a nutritious meal for breakfast and lunch each day at no charge to the household. Households will not be required to submit a meal application form to receive meals at no charge. Each household will receive a letter informing them of the program, including contact information for any questions.

Any questions can be directed to: Debbie Swearengen, School Nutrition Supervisor, P.O. Box 67, Warm Springs, VA 24484, 540-839-2722, ext. 228, debbies@bath.k12.va.us

ADULT MEAL PRICES	
Breakfast	\$2.35
Lunch	\$4.05



MILK CHOICES: 1% Low-Fat White milk and Fat-Free Chocolate milk.

Menus subject to change without notice.

Grades K-12 COMPLETE BREAKFAST:

Each student **must be offered**: 1 oz. eq. grain daily, 1 cup fruit to include ½ cup juice, ½ cup fruit, 1 cup milk, Additional item - 1 oz. eq. (grain or optional M/MA).

Each student **must select**: at least three of the five food components offered. **ONE SELECTION MUST BE AT LEAST A ½ CUP OF FRUIT OR VEGETABLE.**

Grades K-7 COMPLETE LUNCH:

Each student **must be offered**: 1-2 oz. eq. meat/meat alternate item (9-10 oz. over the course of the week), 1-2 oz. eq. grain item (8-10 oz. over the course of the week), ½ cup fruit, ¾ cup vegetables, 1 cup of low-fat or fat-free milk. Each student **must select**: at least three of the five food components offered.

ONE SELECTION MUST BE A MINIMUM OF ½ CUP SERVING OF FRUIT OR VEGETABLE.

Grades 8-12 COMPLETE LUNCH:

Each student **must be offered**: 2 oz. eq. meat/meat alternate item (10-12oz. over the course of the week), 2 oz. eq. grain item (10-12 oz. over the course of the week), 1 cup fruit, 1 cup vegetables, 1 cup of low-fat or fat-free milk. Each student **must select**: at least three of the five food components offered.

ONE SELECTION MUST BE A MINIMUM OF ½ CUP SERVING OF FRUIT OR VEGETABLE.